

Stroup's Gymnastics School

"Self-Esteem Through Movement"

1385 Kiantone Road
P. O. Box 2081
Jamestown, NY 14702-2081

Phone: (716)665-8081
Email: StroupsGym@gmail.com
Website: www.StroupsGym.com

Master Schedule

September 2010 – June 2011

MON	TWINKLING STARS	5:30 – 6:30 PM
	TWINKLING STARS	6:30 – 7:30 PM
	LIGHTENING BUGS (3 – 5 years)	6:30 – 7:20 PM
	COMETS (Boys 5 yrs, & up)	5:30 – 6:30 PM
	COMETS (Boys—2 hours)	5:30 – 7:30 PM
	SHINING STARS (Need instructor approval)	5:30 – 7:30 PM
	RISING STARS (Pre-team—need approval)	5:30 – 7:30 PM
	FIREFLIES (Ages 9 & up)	6:30 – 7:30 PM
TUES	Tots & Company (18 mos. – 3 years) (MUST BE ACCOMPANIED BY AN ADULT)	4:30 – 5:20 PM
	SHOOTING STARS (Team)	5:30 – 7:30 PM
WED	LIGHTENING BUGS (Ages 3 – 5)	5:30 – 6:20 PM
	TWINKLING STARS	5:30 – 6:30 PM
	TWINKLING STARS	6:30 – 7:30 PM
	SPARKLING STARS	5:30 – 7:30 PM
	SHINING STARS (Need Approval)	5:30 – 7:30 PM
	RISING STARS (Pre-team—Need approval)	5:30 – 7:30 PM
	GYM STARS (Boys & Girls)	7:30 – 8:30 PM
THUR	SHOOTING STARS (Team)	5:30 – 7:30 PM
FRI	OPEN WORKOUT (CHECK DATES AT THE GYM)	6:30 – 8:30 PM
SAT	LIGHTENING BUGS (3 – 5 years)	10:00 – 10:50 AM
	TOTS & CO. (18 Mos. – 3 years) (MUST BE ACCOMPANIED BY AN ADULT)	11:00 – 11:50 AM
	SHOOTING STARS (Team)	11:00 - 3:00 PM

*Please call and verify space in the class before arriving at the gym.

*New students may join at any time.

*Please be advised that schedule changes may be necessary.